



# FAQ'S about EXM

**A GUIDE TO ANSWER THE MOST COMMON QUESTIONS FROM PATIENTS**

# What is EXM Therapy?

EXM is a unique, minimally manipulated, tissue matrix allograft processed from human placental tissues. This tissue matrix contains collagens, growth factors, a native population of mesenchymal stem cells, along with other key biologic components.

## Do you use embryonic tissue?

No. Our provider (RRG) does not use embryonic tissue. Their products come from ethically sourced, donated perinatal tissue, such as umbilical cord tissue, following full-term, healthy births with donor consent.

## Is it safe?

Safety is a top priority. Our provider follows all FDA regulations regarding tissue processing. It begins with meticulous screening of the donor mother and father, as well as family members across multiple generations, to identify qualified candidates. There is 100% chain of custody. A recovery specialist will collect the postnatal donation at the designated hospital and immediately return to the lab with the donation. Once processed all materials are quarantined for 14 days and thoroughly tested for bacterial and disease contamination by a CLIA-certified lab, ensuring a clean and safe product.

## Is this compliant in the United States?

Yes. All products from our provider comply with U.S. FDA regulations for human cells, tissues, and cellular and tissue-based products (HCT/Ps) under 21 CFR Part 1271.

## What is the difference between this and what I can get outside of the United States?

Outside of the country labs are generally using expanded cells. Expanded cells lose their regenerative capacity each generation they are expanded. Our cells are master cells. They come from the original material and maintain 100% of their regenerative capacity. In short, this product is far more potent than what you would be able to get outside of the country in most cases.

## Do you have to match blood types from the donor?

No. The products that are being used are derived from perinatal tissue. Perinatal tissue has unique immunogenic suppressant properties. They are also all processed in sterile environments to ensure that there is no contamination. Perinatal tissue is also a universally accepted product.

## How can EXM Therapy benefit me?

EXM is designed with unique properties that may help support the body's natural processes. Through a chemotactic response, the material is intended to interact with the body and may assist in promoting cellular activity in areas of concern. At the cellular level, this material is designed to support cell rejuvenation and may contribute to the renewal of cells.

## Is it considered a performance-enhancing drug (PED)?

No. Our EXM therapies are not classified as performance-enhancing drugs.

## How long before I start to see results?

Individual experiences vary. Some patients report feeling changes within weeks, while others may take longer.

## How does this compare to other treatments like PRP?

Platelet-Rich Plasma (PRP) uses the patient's own blood components. Our products are derived from perinatal tissue, potentially offering a different range of growth factors and cytokines. In general, you need more PRP treatments to see the same results as a single treatment of our EXM product.

# Treatment Information

## How much does it cost?

The cost of EXM treatment can vary based on the specific application and the level of care needed. However, many patients find it to be a truly valuable investment in their long-term health, vitality, and quality of life. To ensure you receive personalized pricing and to explore the treatment options best suited to your unique needs, schedule a consultation with us today.

## Is the treatment painful?

EXM therapy is a minimally invasive treatment. Most patients report only mild discomfort during and after the procedure.

## How many treatments will I need?

This depends on individual factors and desired outcomes. We will outline a plan tailored to your needs.

## How do I get started?

Schedule a customized consultation with us and we can discuss your specific concerns and go over a detailed treatment plan.

*The information provided in this FAQ sheet is for general informational purposes only and does not constitute legal or medical advice. For specific questions regarding your health, consult a licensed healthcare provider. For legal inquiries, including questions related to compliance and regulations, please consult with appropriate legal counsel or refer to state-specific regulations, as laws and guidelines may vary by jurisdiction. MKT-2025-0016 v.1*